



Hillwalking Terrain Two Summer Permit Training

Overview

This weekend is ideal for those who want to lead scout groups into the mountains and more remote wildernesses of the UK and Ireland.

To get the most from this course you should have basic map reading and compass skills and some mountain walking experience. It would be advantageous to have been on 10 good quality mountain days in the higher mountainous regions of the UK. The course will help develop your navigation techniques to the appropriate standard as well as developing more advanced skills of group management, planning, interpreting weather forecasts and dealing with emergencies. This course also includes the skills needed for leading groups safely on steep ground and other specific hazards encountered in the mountains.

It is ideal if you are preparing for a Scout Hillwalking Terrain 2 Summer Permit assessment however, we would strongly advise at least 3 months between training and assessment to allow for consolidation.

The course includes full catering and indoor accommodation.

If you are unsure whether a Terrain One or Two assessment is more appropriate for you check the <u>FAQs on our website</u>.

You can book online at <u>yr-hafod.org.uk/wp/training/hillwalking</u>.

Programme

The training will be based on the Scout <u>Assessment Checklist for Hillwalking</u> (Terrain 2 Summer – Leadership) and the syllabus in the <u>Mountain Leader handbook</u>. If there is anything you would particularly like to cover during the weekend please discuss this with the Yr Hafod staff on the Friday night. During your weekend, we will cover the following hillwalking skills;

- Planning your day out and picking a suitable route for a group of experienced Scouts
- Staying safe on the hills with a group a review of group equipment (including ropes)
- Map reading skills (including relocation techniques and methods of identifying features)
- Navigation techniques (including pacing and micro-navigation techniques)
- Taking and following bearings in poor visibility
- Techniques for group management on steep ground (including ropes and other aids)
- · Methods for dealing with water hazards safely
- Interpreting weather forecasts and assessing changing conditions during the day
- Route cards (including detailed timings, escape routes and contingency planning)
- Dynamic risk assessment and emergency procedures
- A review of the Scout rules applicable to hillwalking









What to bring

Please come suitably equipped for leading a group of Scouts on a day's hillwalking in the mountains near Yr Hafod, ensuring that have you a suitable torch/head torch as we may be navigating in the dark. Your equipment should include;

- Daysack with waterproof liner
- Warm clothes; including non-denim walking trousers and a fleece
- Good walking boots
- Waterproof jacket with hood and waterproof trousers
- Hat and gloves
- Water bottle or hydration system
- Torch or head torch
- Whistle
- Watch with stopwatch
- Personal first aid kit
- Sleeping bag and pillow (mattresses are provided)
- Notebook and pencil (optional)
- Insulated flask (optional)

You can bring your own or the following can be borrowed from Yr Hafod.

- Compass preferably with Romers. (We can provide you with a free <u>Romer</u> on your course that you can keep. Additional ones can be bought for £1.50.)
- Map: OS Explorer OL17 plus optionally an OS Landranger 115 or Harvey/BMC Snowdonia North
- Bothy bag
- Walking rope
- Climbing helmet

Logbook and other paperwork

All applicants for a hillwalking permit are required to keep an up-to-date log book of their experience. We would be pleased to review your log book and provide suggestions for additional experience if necessary.

End of course and feedback

At the end of the weekend, we will discuss your current abilities and any areas for development. We will also suggest what extra training or experience you might like to consider.

Further information

You may wish to read the relevant Scout factsheets for hillwalking and be familiar with the Scout rules and assessment checklist.

Information on The Scout Association's Adventurous Activity Permit Scheme is available at <u>Scouts Activity Permit Scheme</u>.

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