

## Hillwalking Terrain One Summer Permit Training

### Overview

This weekend is ideal for those who want to take Young People out onto the moors and into the hills and smaller mountains of the UK and Ireland.

To get the most from this course you should have basic map reading and compass skills and some hillwalking experience – as a rule of thumb around 10 hillwalking days in the UK in areas like the Lake District, Snowdonia or the Brecon Beacons. The course will develop your navigation techniques to the appropriate standard as well as developing more advanced skills of group management, planning, interpreting weather forecasts and dealing with emergencies.

It is ideal if you are preparing for a Scout Hillwalking Terrain 1 Summer Permit assessment or Hill and Moorland Leader assessment.

The course includes full catering and indoor accommodation.

If you are unsure whether a Terrain One or Two assessment is more appropriate for you check the [FAQs on our website](#).

You can book online at [yr-hafod.org.uk/wp/training/hillwalking](http://yr-hafod.org.uk/wp/training/hillwalking).

### Programme

The training will be based on the Scout [Assessment Checklist for Hillwalking](#) (Terrain 1 Summer – Leadership) and the syllabus in the [Hill and Moorland Leader handbook](#). If there is anything you would particularly like to cover during the weekend please discuss this with the Yr Hafod staff on arrival. During your weekend, we will cover the following hillwalking skills;

- Planning your day out and picking a suitable route for a group of experienced Scouts
- Staying safe on the hills with a group – a review of group equipment
- Map reading skills (including relocation techniques and methods of identifying features)
- Navigation techniques (including pacing and micro-navigation techniques)
- Taking and following bearings in poor visibility
- Interpreting weather forecasts and assessing changing conditions during the day
- Route cards (including detailed timings, escape routes and contingency planning)
- Dynamic risk assessment and emergency procedures
- Methods for avoiding water hazards
- A review of the Scout rules applicable to hillwalking

### What to bring

Please come suitably equipped for leading a group of Scouts on a day's hillwalking in the mountains near Yr Hafod, ensuring that you have a suitable torch/head torch as we may be navigating in the dark. Your equipment should include;

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- Daysack with waterproof liner
- Warm clothes; including non-denim walking trousers and a fleece
- Good walking boots
- Waterproof jacket with hood and waterproof trousers
- Hat and gloves
- Water bottle or hydration system
- Torch or head torch
- Whistle
- Watch with stopwatch
- Personal first aid kit
- Sleeping bag and pillow (mattresses are provided)
- Notebook and pencil (optional)
- Insulated flask (optional)

You can bring your own or the following can be borrowed from Yr Hafod.

- Compass - preferably with Romers. (We can provide you with a free [Romer](#) on your course that you can keep. Additional ones can be bought for £1.50.)
- Map: OS Explorer OL17 plus optionally an OS Landranger 115 or Harvey/BMC Snowdonia North
- Bothy bag

### Logbook and other paperwork

All applicants for a hillwalking permit are required to keep an up-to-date log book of their experience. We would be pleased to review your log book and provide suggestions for additional experience if necessary.

### End of course and feedback

At the end of the weekend we will discuss your current abilities and any areas for development. We will also suggest what extra training or experience you might like to consider. We **Strongly** Recommend a period of at least 3 months between training and assessment unless otherwise recommended in your feedback.

### Further information

You may wish to read the relevant Scout factsheets for hillwalking and be familiar with the [Scout rules and assessment checklist](#).

Please see more information at the [Scouts Adventurous Activity Permit Scheme](#)