

## Mountain Leader Assessment

### Overview

This course is spread over two weekends (the second beginning on Thursday night) and attendance on both is compulsory to be considered for assessment. More details about the scheme can be found in the Mountain Leader Handbook on the Mountain Training website; <http://www.mountain-training.org/walking/skills-and-awards/mountain-leader>.

At the end of the second weekend the Course Director will update your Mountain Training profile with an assessment report and make an appropriate recommendation to pass, defer or fail your award.

The course includes full catering and indoor accommodation.

You can book online at [yr-hafod.org.uk/wp/training/hillwalking](http://yr-hafod.org.uk/wp/training/hillwalking).

### Programme

The course content and detailed programme is governed by Mountain Training and the Course Director. The weekends will cover all aspects of the Mountain Leader assessment, a typical programme might include;

#### Weekend One

- Friday evening – Introduction to the scheme and the process of assessment.
- Saturday daytime – Mountain day covering basic movement and navigation skills; movement on steep ground; weather.
- Saturday evening – Assessment of pre-course work.
- Sunday daytime – Mountain day covering incident management; equipment; and the environment.

#### Weekend Two

- Thursday evening – Recap and prepare for expedition.
- Friday to Sunday – Expedition covering all aspects of the syllabus.

The syllabus can be found in the [Mountain Leader handbook](#).



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### Experience required

- You must have attended a Mountain Leader training course (or have been granted exemption).
- You must be familiar with the syllabus – rate yourself with the [Skills Checklist](#).
- You should also have completed a consolidation period since training (recommended to be at least twelve months) during which you are advised to log every expedition into mountainous country. You are encouraged to display a wide variety of experience in different mountain regions of the UK and Ireland and a range of weather conditions.
- You must have logged a minimum of 40 Quality Mountain Days in three different regions of the UK and Ireland.
- You must hold a current first aid certificate, minimum 16 hours and relevant to your work as a Mountain Leader.
- You must have logged at least 8 nights camping, including at least 4 nights wild camping.

Details of your walks must be logged and ideally in the [Mountain Training DLOG](#). When we register you on the course we will have access to your DLOG. If you use any other form of log please ensure you bring this with you on the course.

### What to bring

Please come suitably equipped for a day's hillwalking in the mountains near Yr Hafod, ensuring that you have a suitable torch/head torch as we may be navigating in the dark. Your equipment should include;

- Daysack with waterproof liner
- Warm clothes; including non-denim walking trousers and a fleece
- Good walking boots
- Waterproof jacket with hood and waterproof trousers
- Hat and gloves
- Water bottle or hydration system
- Torch or head torch
- Whistle
- Watch with stopwatch
- Personal first aid kit



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- Sleeping bag and pillow (mattresses are provided)
- Notebook and pencil (optional)
- Insulated flask (optional)

You can bring your own or the following can be borrowed from Yr Hafod.

- Compass (preferably with Romers) [Romers can be purchased for £1.50 on the day.](#)
- Map: OS Explorer OL17 plus optionally an OS Landranger 115 or Harvey/BMC Snowdonia North
- Bothy bag
- Walking rope
- Climbing helmet

Additional equipment required for the expedition will be discussed on the first weekend.

### **Logbook and other paperwork**

To register you on the assessment we require your Mountain Training candidate number. Please send this to us at [courses@yr-hafod.org.uk](mailto:courses@yr-hafod.org.uk).

Details of your walks must be logged and ideally in the [Mountain Training DLOG](#). When we register you on the assessment we will have access to your DLOG. If you use any other form of log please ensure you bring this with you on the assessment. Your logbook will be reviewed on the Friday night of the first weekend.

### **End of course and feedback**

At the end of the second weekend the Course Director will confirm the outcome of your assessment. You will also receive feedback on your performance, including advice on your ongoing development opportunities.

### **Further information**

The [Mountain Training website](#) has full details of the Mountain Leader scheme including the handbook and full details on the training and assessment.

You may be aware that you could be eligible for funding from The Scout Association to support some of the cost of the course, including the cost of your transport. [See their grants for training page for more details.](#)

