

Yr Hafod

Single Pitch Award Training

Overview

If you have rock climbing experience and want to develop the skills required to supervise climbers on single pitch crags and climbing walls, then this is the course for you.

Training is a prerequisite for assessment and full details about the scheme can be found in the Single Pitch Award Handbook on the Mountain Training website; www.mountain-training.org/climbing/awards/single-pitch-award.

At the end of the weekend the Course Director will update your Mountain Training profile to confirm your full attendance on the course.

The course includes full catering and indoor accommodation.

Programme

The exact course content and detailed programme is governed by Mountain Training and the Course Director. The course covers all sections of the syllabus, a typical programme might include;

- Planning your day out and picking a suitable venue
- Staying safe – what clothing/equipment to take and weather considerations
- Use of equipment
- Advanced set up skills (top roping/abseiling)
- Rock climbing skills
- Identifying rock features
- Risk assessment before and during the day

The syllabus can be found in the [Single Pitch Award handbook](#).

At the end of the weekend we will discuss your current abilities and what extra training or experience you might like to consider before presenting yourself for assessment.

Experience required

You must be [registered with Mountain Training](#) (a registration fee applies) prior to booking on this course.

To attend this course you must have led 15 routes on single pitch crags using leader-placed protection.

Details of your climbs must be logged and ideally in the [Mountain Training DLOG](#). When we register you on the course we will have access to your DLOG. If you use any other form of log please ensure you bring this with you on the course.

