

Yr Hafod

Mountain Leader Training

Overview

The course is spread over three weekends and attendance on all three is compulsory for successful completion of the training. Training is a prerequisite for assessment and full details about the scheme can be found in the Mountain Leader Handbook on the Mountain Training website; www.mountain-training.org/walking/skills-and-awards/mountain-leader.

At the end of the third weekend the Course Director will update your Mountain Training profile to confirm your full attendance on the course.

The course includes full catering and indoor accommodation.

Programme

The exact course content and detailed programme is governed by Mountain Training and the Course Director. The course covers all sections of the syllabus but is mainly practical with emphasis on navigation and rope work, a typical programme might include;

- Weekend 1 – Basic navigation, group management and clothing/equipment
- Weekend 2 – Micro navigation, weather forecasts and hazards on steep terrain
- Weekend 3 – Two day expedition, navigation in poor visibility and water hazards

The syllabus can be found in the [Mountain Leader handbook](#).

At the end of the course we will discuss your current abilities and what extra training or experience you might like to consider before presenting yourself for assessment.

Experience required

You must be [registered with Mountain Training](#) (a registration fee applies) prior to booking on this course.

To attend this course you should have at least a year's worth of experience of mountain walking, have an interest in leading groups in the mountains and have experienced at least 20 Quality Mountain Days*.

Details of your walks must be logged and ideally in the [Mountain Training DLOG](#). When we register you on the course we will have access to your DLOG. If you use any other form of log please ensure you bring this with you on the course.

*The definition of a Quality Mountain Day is given in the Mountain Leader Handbook.

