

Yr Hafod

Mountain Leader Assessment

Overview

This course is spread over two weekends (the second beginning on Thursday night) and attendance on both is compulsory to be considered for assessment. More details about the scheme can be found in the Mountain Leader Handbook on the Mountain Training website; www.mountain-training.org/walking/skills-and-awards/mountain-leader.

At the end of the second weekend the Course Director will update your Mountain Training profile with an assessment report and make an appropriate recommendation to pass, defer or fail your award.

The course includes full catering and indoor accommodation.

Programme

The course content and detailed programme is governed by Mountain Training and the Course Director. The weekends will cover all aspects of the Mountain Leader assessment, a typical programme might include;

- Weekend 1 – Navigation, group management and hazards on steep terrain
- Weekend 2 – Three day expedition, navigation in poor visibility and hazards

The syllabus can be found in the [Mountain Leader handbook](#).

Experience required

- You must have attended a Mountain Leader training course (or have been granted exemption).
- You must be familiar with the syllabus – rate yourself with the [Skills Checklist](#).
- You should also have completed a consolidation period since training (recommended to be at least twelve months) during which you are advised to log every expedition into mountainous country. You are encouraged to display a wide variety of experience in different mountain regions of the UK and Ireland and a range of weather conditions.
- You must have logged a minimum of 40 Quality Mountain Days in three different regions of the UK and Ireland.
- You must hold a current first aid certificate, minimum 16 hours and relevant to your work as a Mountain Leader.
- You must have logged at least 8 nights camping, including at least 4 nights wild camping.

Details of your walks must be logged and ideally in the [Mountain Training DLOG](#). When we register you on the course we will have access to your DLOG. If you use any other form of log please ensure you bring this with you on the course.

